

Optimum Health Research

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**“DAVINCI”**

**International  
online conference  
on Covid-19  
and Vitamin D**

Optimizing Immunologic Functions  
that Help Reduce Risk for Infection, Morbidity  
and Mortality by Vitamins D, C & Integrative  
Orthomolecular Medicine Measures.

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OHR is a project of the charitable foundation DSGIP,  
supported by Gesund4You GmbH, Germany

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## ***Come in and join: overcoming the biggest health challenge of our century: 6. – 21. November 2021***

Meet a community of people who are interested in real health for everybody, which has its roots in the (r)evolutionary design of the human species by nature.

This new type of conference arises from the need to make scientific information available to the society with special properties: quick, unfiltered and inexpensive (experts and laypeople as well) without limitations in the number of participants.

The word "DAVINCI" is not only a reminder of the brilliant Italian scientist and inventor, but it also represents the abbreviation of the motto of this new type of event: "**D**irect **A**ccess to **V**irtual **I**nternational and **N**ational **C**onference **i**nformation" (DAVINCI). This innovative Event will collect and distribute the latest scientific information about vitamin D & Co worldwide. The Goal is to overcome the Covid-19 Pandemic - and more!

15 keynote speakers and Prof. Michael Holick as president will give an "**Update 2021**" of the situation and invite everybody to participate - some as presenters of their own research results and others just as participants to listen and collect new information - broadcasted all over the world.

All this hot information will be available by the internet for as long as two weeks, including two weekends - 24 hours/day and 7 days/week without interruption. The ticket fee will be as small as € 50 for the access to the conference and another 20 € for an extensive upsell "Conference Package" (find more details later in the paragraph "Financial Aspects").

If you want to learn more, please go on reading this PDF or have a look at the landing page and book your conference seat beginning with September 1<sup>st</sup> 2021: <https://optimum-health-research.net/>

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## **Preliminary program 6. – 21. November 2021**

(As of September 6, 2021, earlier information is no longer valid)

**President: M. Holick, USA; Organizing committee:** J. Spitz, Germany and R. Cheng, USA; powered by Optimum-Health Research

### **Panel I:**

#### **Focus on Immunologic functions of Vitamin D**

**Opening Lecture M. Holick:** Vitamin D and COVID 19 Pandemic - a historical situation dedicating the third decade of the 21st century to Vitamin D and sunlight.

**B. Grant:** Epidemiology of Vitamin D deficiency and Covid 19 Pandemic

**M. Hewison:** Physiology of our immune system – focus on Vitamin D

**A. Fasano:** Microbiome and Immune system

**C. Biesalski:** Nutrition as co-factor of Vitamin D for a strong immune system.

**N N:** Relevance of Vitamin D Level for the outcome in ICU patients with and without Covid-19

**K. Krüger:** Physical activity stimulates the immune system over the lifespan

**W. März:** Role of Vitamin D in Non-Communicable Diseases (Diabetes Type 2 i.e.) as risk factors in the course of Covid-19 infection

**G. Valacchi:** SARS-CoV-2 infection, COVID-19 pathogenesis, and exposure to air pollution: What is the connection?

### **Panel II:**

#### **Looking over the rim: Focus on Vitamin C and other complementary measures of Orthomolecular Medicine in the context of Covid-19**

**Andrew Saul:** Overview of International society for Orthomolecular Medicine and megadose vitamins.

**Greg Beattie: Vaccine, Hype of Hope?** The vaccine effort in historical perspective.

**Atsuo Yanagisawa:** Clinical application of IV Nutritional Therapy

**Michael J. Gonzales:** High dose Vit C in treating various infections a. Covid-19.

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**Hua Zhou:** Promoting public health: Low Carb Diet and China's Low Carb Movement,

**Thomas Levy:** Hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) nebulization, an effective, safe and inexpensive anti-viral method they don't want you to know about

**Todd Penberthy:** High dose niacin therapy in mental and physical health and diseases

**Illyes Baghli:** High dose Vit D in Covid-19 and other diseases, with support from the Algerian government

**R. Cheng:** Protected Population Immunity against Covid-19: an Overview of Integrative Orthomolecular medicine

## Panel III

### **Incidence, etiology and therapy of “Long Covid-19”**

Due to the rising incidence and complexity of complications after the Covid-19 infection the organizers decided to add this third panel to the conference schedule as a “last minute offer”. For the moment there is only one requested keynote speaker, but everybody is invited to make proposals for additional topics and speakers for this new panel (as listed below).

**Daugherty SE:** Risk of clinical sequelae after the acute phase of SARS-CoV-2 infection: retrospective cohort study

**Proposal 1 N N:** Are there helpful Orthomolecular Medications in case of Long Covid-19?

**Proposal 2 N N:** is the Vitamin D-value in the time before infection predictive for long Covid-19 complications in follow up?

### **Closing Lecture:**

**J. Spitz:** Plan B – Overcoming communicable and non-communicable diseases by a new health culture.

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## **Time schedule for the preparation of the conference**

**Middle of August 2021:** Deadline for abstracts

**End of August 2021:** first announcement of international DAVINCI-Event and start of landing page for registration.

**End of September 2021:** publishing: the final program and renewed worldwide invitation to participate in the conference (researchers and experts as well as interested lay people!)

**Time for Conference Event: 6. – 21. November 2021**

**For two weeks after the conference** there will be an online evaluation of the presentations by the participants to select outstanding papers.

**End of November 2021:** online discussion of the keynote speakers of each panel with the authors of outstanding papers (access included in tickets).

**End of December:** based on the discussed material a report “Update 2021: Vitamin D, C and integrative OM measures to overcome Acute Respiratory Tract Infections (ARTI) like Covid-19” will be published.

## **Financial aspects of DAVINCI Conference** (participants)

### **Ticket fee:**

To allow as much interested people as possible to attend, the conference will be organized online. So, there will be no costs for travelling and hotels nor limited seats for experts and lay people. The basic tickets will be available for € 50.-only. For those participants, who present a paper, the participation will be free of charge.

### **The ticket fee covers:**

1. access to the online conference with all presentations for two weeks,
2. the participation in the online evaluation of the speakers and
3. access to the different online discussions after the conference.

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## **Additional Conference package:**

To further improve the value of the tickets, a “Conference Package” is offered for another 20.- €, which includes in addition to the three items of the ticket:

- 4. permanent access to original presentations and keynote lectures (videos);**
- 5. PDF folder with all the foils of all presentations;**
- 6. PDF Folder with all abstracts and citations of literature and**
- 7. PDF folder with the final reports of the conference, provided by the keynote lecturers.**

The conference package (price 70.- €) can be ordered right away to participate in the conference with all items 1 – 7 or also at any time after the conference as an upsell for 20.- €

## **Additional Invitation and support**

People are not only invited to participate in the conference but also to support the goal of the conference: distributing health literacy as basis for a new health culture. This can be done by inviting other people (as many as possible: family members, friends, work mates etc.) to join the conference. The organizers will value this support not only ideally, but also reward the engagement by 10 € for each brokered ticket (20 % of the ticket price). The details of this engagement as affiliated partner of the conference are listed on the landing page.

For those participants, who do not want to become an affiliate partner, but promote the conference nevertheless, the organizers offer 5 vouchers for tickets at a reduced price (minus 20 % or 10 € each) for friends and colleagues. The vouchers will be sent by mail together with the ordered ticket.